

If a child or young person you care for is in a crisis contact **Night OWLS**

This service is for **ALL** families including those with children/young people who are Looked After, Adopted or with any additional needs.

If you feel:

- Worried
- Concerned
- Overwhelmed
- Need someone to talk to

We can offer:

- Listening • Advice • Support • Information



Night OWLS is a confidential support line for children and young people in crisis. Helping them, their parents and carers living in Bradford, Leeds, Calderdale, Kirklees and Wakefield.

We're available

**8pm –  
8am**

Call this number  
for free:

**0300 2003900**

Text us on:

**07984 392700**

Chat to us on:

**[wynightowls.org.uk](http://wynightowls.org.uk)**